

# Alphabet tag



## Purpose

The purpose of this activity is to re-stimulate delegates when they start to tire. A good time to use it is directly after lunch in the 'graveyard shift' or as a brain break during a heavy session. Alternatively it can be used as a consolidation activity that will help to embed key learning points in delegates' minds.

## Timings

10 minutes (although this can be increased in necessary).

## Instructions

- Explain the rationale of this activity.
- Tell delegates they are going to participate in a fun activity called Alphabet Tag.
- Ask all the delegates to stand up and allocate each delegate with a letter of the alphabet starting with the first delegate who will be given the letter A.
- The delegates' task is to (within a 5 second period of time) shout out ONE WORD starting with their designated letter that relates to the course content or key learning points.
- The delegate with the letter A starts first and the activity rotates clockwise around all the delegates.
- If any delegate cannot offer ONE WORD beginning with their designated letter in 5 seconds or the word has already been used, you will say "You are the weakest link, goodbye" and that delegate sits down and is out of the game.
- When delegates are sitting down they cannot help the delegates still standing in any shape or form.
- There is a catch to this game!! If a delegate fails to provide a correct answer to their designated letter and has to sit down, that letter is passed to the next delegate in a clockwise direction. This means that the remaining delegates need to be able to think quickly on their feet as they may have to provide an answer to a letter they were not expecting. This can generate a lot of fun.
- For the purpose of this activity, the letters X, Y and Z will be removed and not included in the game.
- Depending on how many delegates there are, and how 'switched on' they are, it is possible for this game to go round the alphabet more than once. This is why, repeat words are not accepted.
- The activity will continue until there is only one person still standing and this person will be crowned the Alphabet Tag... champion.
- If appropriate, award this person a small prize.

