

Group Circles

Portfolio
... because everyone's different...



Purpose

The purpose of this ice breaker is to help people bond together at the start of a training event, training course or team meeting. It does this by highlighting some common interests that all the delegates have.

Timings

As long as needed. This will depend largely on the type of event being run and the number of delegates attending.

Instructions

- Split delegates into groups of three or four people.
- Provide each group with a piece of flipchart paper and ask them to draw a large circle in the middle of the flipchart.
- Each group then needs to write down (in the circle) things that all the group members have in common.
- Outside the circle, each delegate should write their name, their position and how long they have been in that role.
- At the bottom of the flipchart each delegate should write one unique fact about themselves that no one else will know.
- After all the groups have done this, ask for a volunteer from each group to present their flipchart to the whole group.
- If time permits, ask the other groups to try and guess who each of the unique facts relate to.

This can be a lot of fun, helps to break the ice and can show that our perceptions of people (based on what we see) can actually be quite inaccurate. This can be a great learning point that can be revisited regularly throughout the event.

