Super team

Purpose
The purpose of this activity is to encourage a group of people to work together as a team and see the true value of team synergy. It is a good team building activity but can also work well as an energiser. It can also help to highlight that whilst delegates may not consider that it is themselves letting the team down, in certain situations, they need to be receptive to their involvement in the team task and how their behaviour may negatively impact upon the results achieved.

Timings
25 minutes (although this can be increased in necessary).

Instructions
- Write on the front flipchart the tasks that need to be completed in order to earn points.
- Split delegates into teams of 5 or more people. (Depending upon the number of delegates attending you might decide only to have two teams).
- Explain that the teams are going to participate in an activity called – super team.
- Issue each team with some blank paper and a blank flipchart sheet.
- Tell the teams that they have a team task which is to collect 100 points within a 15 minute timescale.
- At the end of the 15 minutes stop the activity and ask each team to prove how many points they have collected. The team with the most points is the winning team and will be crowned ‘Super Team’.
- If appropriate have a small prize for the winning team.

Collecting points
Each team will earn 5 points for successful completion of the following tasks:
1. Collect an empty sweet wrapper, cigarette lighter and a stapler.
2. Name today’s headline story on the front cover of the Sun newspaper.
3. Describe the two flags that are consistently used to signify Scotland – *(White diagonal cross on a blue background and a red lion on a yellow background)*
4. Collect four different types of leaves.
5. Write down the name of the city where the famous Prado Museum is situated? *Madrid, Spain*
6. Name the London street where the famous auction house Sotheby’s is situated? *New Bond Street*
7. Pass all team members a piece of A4 paper.
8. Record the telephone number of the person in the room with the longest surname.
9. All team members to stand on one foot and sing the first two lines of any well known song.
10. Collect a blue, red and black pen.
11. Write down in what year HMS Titanic sank. **1912**

12. Work out the collective age of all of the people in your team.

13. Find a copy of today’s paper.

14. Collect 5 watches and place them on your team table.

15. Each person in your team is to swap house keys with another member of their team.

16. Either produce a copy of, or draw a copy of, your company logo and give it to the Course Leader.

17. Summarise the key learning points covered so far.

18. Write down what needs to happen in the event of a fire (other than just run!)

19. Find something pink.

**Earn one point for each word**

20. Make as many words as you can out of the word TEAMWORK.

- After the activity ask the teams to highlight what worked well and what could be improved upon during the task.
- Capture these points on the main flipchart.
- Ask the teams that if they were to repeat the activity, what would they do differently?
- Ask the teams to tell you how the principles from this activity might relate back to their workplace.
- Finally, ask the whole group what they have learnt from doing this (in terms of planning, task allocation, communication, playing to strengths etc).